

Clark County Behavioral Health Services Children's System of Care

FAMILY IN NEED OF MENTAL HEALTH CARE



**NOT A
CRISIS
SITUATION**

Family
contacts any of
these agencies
directly for
access to
“**UNIVERSAL**”
mental health
care services.



Children's Center
360-699-2244



Columbia River
Mental Health Services
360-993-3000



Children's Home Society
360-695-1325

Agency
refers family
to
MCAT
for more
INTENSIVE
services.

MCAT may refer family to
TARGETED
services for treatment.

Agencies which do targeted
services:

- ▶ Columbia River Mental Health Services
- ▶ Children's Center
- ▶ Children's Home Society
- ▶ Family Solutions
- ▶ Institute for Family Development

MCAT may refer family to
INTENSIVE
services for treatment at
Catholic
Community
Services.

**FAMILY
IN CRISIS
SITUATION
NEEDS HELP
RIGHT
AWAY**



Call
Clark County
Crisis Line
360-696-9560
Toll Free
800-626-8137
TDD Line
360-696-1925
24 hours a day—7 days a week



**Mental health
clinician
answers
immediately**



Therapist and family talk through the
problem on the phone to resolution.



Therapist contacts Mobile Crisis
Assignment Team (MCAT) for
crisis services.



Therapist refers family to **UNIVERSAL**
service agency for direct family access to
care:

- ▶ Columbia River Mental Health Services
- ▶ Children's Center
- ▶ Children's Home Society

MCAT assists family
in crisis
IMMEDIATELY by:



▶ Phone
contact



▶ Onsite help



▶ Meeting
family
somewhere



▶ Going to
Emergency
Room

MCAT may refer family to
INTENSIVE
services for treatment at
Catholic
Community
Services.

Definitions

“**UNIVERSAL**” mental health care is:

- ▶ Designed as the primary form of mental health assistance purchased by the county for eligible consumers.
- ▶ These are services with **brief to moderate** duration, intensity and linkage with other systems. Their purpose is to address children's transient mental health needs and to assist families in recognizing, understanding and responding to these needs.
- ▶ Services in this element are mostly clinic-based brief therapy (6-12 sessions).
- ▶ Access **DIRECTLY** by phoning any provider of universal mental health services.

“**TARGETED**” mental health care is:

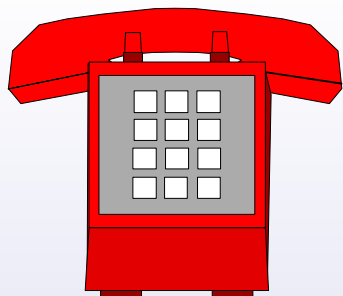
- ▶ Designed for children and families whose needs cannot be effectively addressed through **uni-versal** services.
- ▶ For eligible consumers who require services of **moderate to high** duration, intensity, linkage and flexibility in the time and location of service delivery.
- ▶ Services in this element are mostly **community-based** and family focused.
- ▶ Access **ONLY** through an MCAT assessment and recommendation.

“**INTENSIVE**” mental health care is:

- ▶ Designed for children and families who require services of **very high** duration, intensity, linkage and flexibility and have experienced recent in-patient psychiatric treatment.
- ▶ These children are at risk for out of community placement, have severe behavioral disturbance, have **moderate to severe** functional impairment and require **intensive multi-system involvement**.
- ▶ These services include **Wrap Around** and **Crisis Respite** in addition to other more traditional types of service that are delivered in the community.
- ▶ Access **ONLY** through an MCAT assessment and recommendation.

**IF IN
DANGER
PHONE
911**

Clark County Behavioral Health Services Children's System of Care Provider Contacts



Crisis Calls:

Clark County Crisis Line... 360-696-9560

Toll Free..... 800-626-8137

TDD Line..... 360-696-1925

Immediate Response Contact.... 911

Non-Crisis Calls:

Call any Universal provider for Access:

- ▶ Children's Center
- ▶ Children's Home Society
- ▶ Columbia River Mental Health Services

Complaints:

Call the Quality Manager at each agency or Shannon Eberhart at Clark County Department of Community Services: 360-397-2130

Catholic Community Services

♦ **Intensive Services**

♦ **Crisis Stabilization Services**

Don Koenig, Director/Quality..... 866-272-3689

Children's Center

♦ **Universal Services**

♦ **Targeted Services**

Pat Beckett, Clinical Director/Quality..... 360-699-2244

Children's Home Society

♦ **Universal Services**

♦ **Targeted Services**

Randy Perrin, Regional Director..... 360-695-1325

Edie Rollison, Program Manager/Quality... 360-695-1325

Columbia River Mental Health Services

♦ **Universal Services**

♦ **Targeted Services**

Access Services..... 360-993-3240

John Magnano, Executive Director..... 360-993-3000/3039

Lynne Conner, Quality Manager..... 360-993-3177

Trina King, Interim Quality Manager..... 360-993-3044

Family Solutions

♦ **Targeted Services**

Laura Osburn, Director/Quality..... 360-695-0115

Institute for Family Development

♦ **Targeted Services**

Anne Smith, Supervisor/Quality..... 360-737-9792

Mental Health Ombudsman

Dale Johnson, Ombudsman..... 360-993-5900

PeaceHealth

♦ **Mobile Crisis Assignment Services (MCAT)**

Shirley Shen, Manager/Quality..... 360-695-1297

Parent Support

- ♦ At any time, a parent can request a Parent Partner for assistance in navigating the Children's Mental Health system.

Dawn Grosz, CSOC..... 360-397-2130 x7876

Clark County Crisis Line Administration

♦ **Phone Triage**

♦ **MCAT Access**

♦ **Crisis Calls**

Rick Gordon, Quality Coordinator..... 800-422-3768

Sandy Wilson, Account Manager..... 800-422-3768

THIS CHART AVAILABLE BY INTERNET AT:

www.co.clark.wa.us/commserve/index.htm

Children's Mental Health update: **Is your child in crisis? (PDF file)**